

Two Week Menu

Month

Week Of

Provider

Breakfast	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Milk					
Fruit/Vegetable					
Grain/Bread/Meat					
Lunch					
Milk					
Meat/Meat Alternate					
Vegetable					
Fruit/Vegetable					
Grain/Bread					
Other					
PM Snack					
Choose 2 different components: Milk / Fruit / Vegetable / Meat / Grain					

Week of

Breakfast	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Milk					
Fruit/Vegetable					
Grain/Bread/Meat					
Lunch					
Milk					
Meat/Meat Alternate					
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